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## THE LODGE SURGERY

# Lodge Life Autumn 2021

## Hello and Goodbye!

We have seen several staff changes recently. Steph Yates, our popular nurse and diabetes specialist, retired in September after a 30 year career, the last 7 of which she spent with us. We welcomed Amanda Watts as our new nurse who joins us from another local practice. We also have a new GP, Dr Robert Mundy, who will be working in the practice on Tuesdays, Thursdays and Fridays. Dr Pippa Woothipoom has also recently married and is now Dr Doughty.



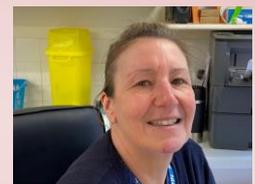
Dr Robert Mundy



Nurse Amanda Watts



Dr Pippa Doughty



Nurse Steph Yates

## Mental Health Help

Did you know there is a local dedicated telephone line offering support for adults and children in a mental health crisis?

The service is available to anyone concerned about their own or someone else's mental health. The dedicated staff will ensure that you are directed to the team best able to meet your needs.

**0800 953 1919**

Avon & Wiltshire Mental Health  
Partnership NHS Trust

## Domestic Abuse Helpline

People wanting to report domestic abuse are now be able to access a new out of hours number. Wiltshire Council will be operating a dedicated line from 5pm weekdays and at weekends for people who want to report concerns or seek help. The new dedicated out of hours line is **01225 712880**.

During the week Splitz provides a support service on behalf of Wiltshire Council. The charity supports victims of domestic abuse and sexual violence as well as children and young people impacted by domestic abuse. It carries out interventions to support perpetrators and provide safe accommodation for victims and their children.

For help Monday to Friday between 9am and 5pm please call **01225 775276**.

In an emergency call 999.

[www.splitz.org](http://www.splitz.org)

## The Lodge Surgery Health Routes

We are delighted to share details of a project that Dr Heath has been working on in conjunction with NHS Forest. The project aims to improve the health and wellbeing of patients, staff and communities by increasing access to green space on or near NHS land. Spending time in nature can reduce anxiety and improve your mood and physical activity is known to reduce your risk of diabetes, depression, dementia and cardiovascular diseases. It is free and fun! You may have already spotted the signs marking the walk but you can download a route map from our website [www.thelodgesurgery.co.uk](http://www.thelodgesurgery.co.uk) or ask Reception for a copy. And let us know if you do the walk!

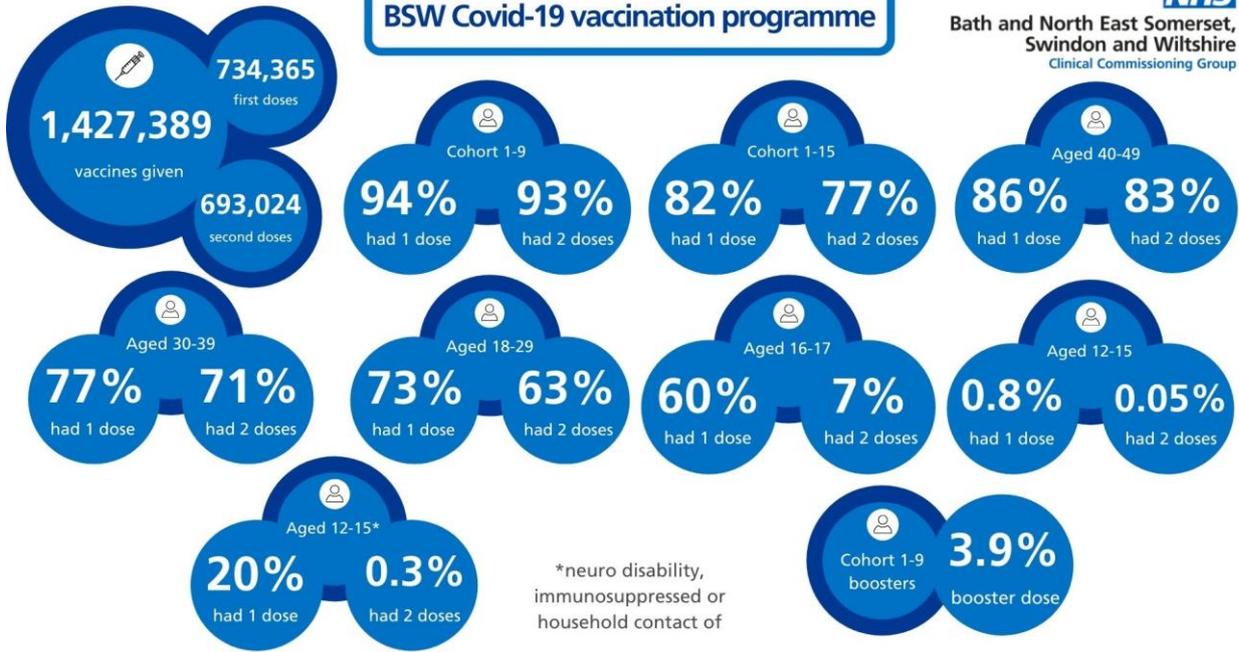
For more information about the project visit [www.nhsforest.org](http://www.nhsforest.org)

Data correct as of 13 October 2021

### BSW Covid-19 vaccination programme



Bath and North East Somerset,  
Swindon and Wiltshire  
Clinical Commissioning Group



## Why do GP receptionists ask personal questions?

**Our trained GP reception staff are a vital part of the practice team.**

They need to ask questions to make sure you get the right support from the best person in the practice.

All the information you share with the receptionist is treated strictly confidentially.

## Flu vaccinations



After a delayed start due to delivery difficulties, our flu clinics are now running. We are inviting eligible patients by text message where possible so please ensure your contact details are up to date.

The flu vaccine is free to patients:

- Aged 50 and over
- Are pregnant
- In long-stay residential care
- Receiving a Carer's Allowance
- With certain health conditions

And to frontline health and social care workers

For more information visit [www.nhs.uk](http://www.nhs.uk)



## Is Your Medicine Cabinet Stocked Up?

Having a well-stocked medicine cabinet can be the best first line of defence against cold weather illnesses. Keeping a supply of over-the-counter medicines at home can make staying well in the colder months easier.