

Did you know that not all of the details about your healthcare are automatically added to your Summary Care Record?

### How do I add more information to my Summary Care Record?

Ask your GP practice to add additional information to your record by completing and tearing off the slip overleaf before handing it in to reception or posting it to your practice.

### What is my Summary Care Record?

Your Summary Care Record is an electronic copy of key information held in your GP record.

It provides authorised healthcare staff with faster, secure access to essential information about you and is used when you need emergency care or when your GP practice is closed.

Your Summary Care Record contains information on medicines you are taking, any allergies you suffer from and any bad reactions to medicines that you have previously experienced.

### Children

If you are the parent or guardian of a child under the age of 16 and believe they may benefit from additional information in their Summary Care Record, you can request this on their behalf.

### Vulnerable patients and carers

Vulnerable patients such as those who are frail, elderly or have complex health problems can particularly benefit from additional information in their Summary Care Record.

If you care for another person and believe that they may benefit from additional information in their Summary Care Record, then you can discuss this with them and their GP practice.

**Complete the form overleaf and return to your GP Practice to add additional information to a Summary Care Record.**

### For more information about Summary Care Records:

Talk to the staff at your GP Practice

Visit

[www.digital.nhs.uk/summary-care-records](http://www.digital.nhs.uk/summary-care-records)

Phone NHS Digital enquiries on  
0300 303 5678

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# Your Summary Care Record



Your Summary Care Record is an electronic copy of key information held in your GP record.

Find out how it is used and how you can add additional information to it.

Complete this form and return to your GP practice.

I want additional information added to my Summary Care Record.

Patient's name:

Date of Birth:

GP Surgery:

NHS Number (if known):

Signature:

Date:

If you are completing this form on behalf of another person, please provide your details below:

Name:

Capacity:

- Parent
- Legal Guardian
- Lasting Power of Attorney

What additional information can be added to my Summary Care Record?

Essential details about your healthcare can be very difficult to remember when you are unwell, so you can choose to add more information to your Summary Care Record. This is then known as a Summary Care Record with Additional Information and will help you and those caring for you to know your healthcare details.

The extra information includes details of your:

- **Long term health conditions** – such as asthma, diabetes, heart problems or rare medical conditions.
- **Relevant medical history** – clinical procedures that you have had, why you need a particular medicine, the care you are currently receiving and clinical advice to support your future care.
- **Health care preferences** – you may have your own care preferences which will make caring for you more in line with your needs, such as special dietary requirements.
- **Personal preferences** – you may have personal preferences, such as religious beliefs or legal decisions that you would like to be known.
- **Immunisations** – details of previous vaccinations, such as tetanus and routine childhood jabs.

What other information is not automatically added to a Summary Care Record?

Specific sensitive information – such as any fertility treatments, sexually transmitted infections, pregnancy terminations or gender reassignment will not be automatically added, unless you specifically ask for any of these items to be included.

If this information isn't included in your Summary Care Record you may have to remember it and repeat it to healthcare staff treating you.

